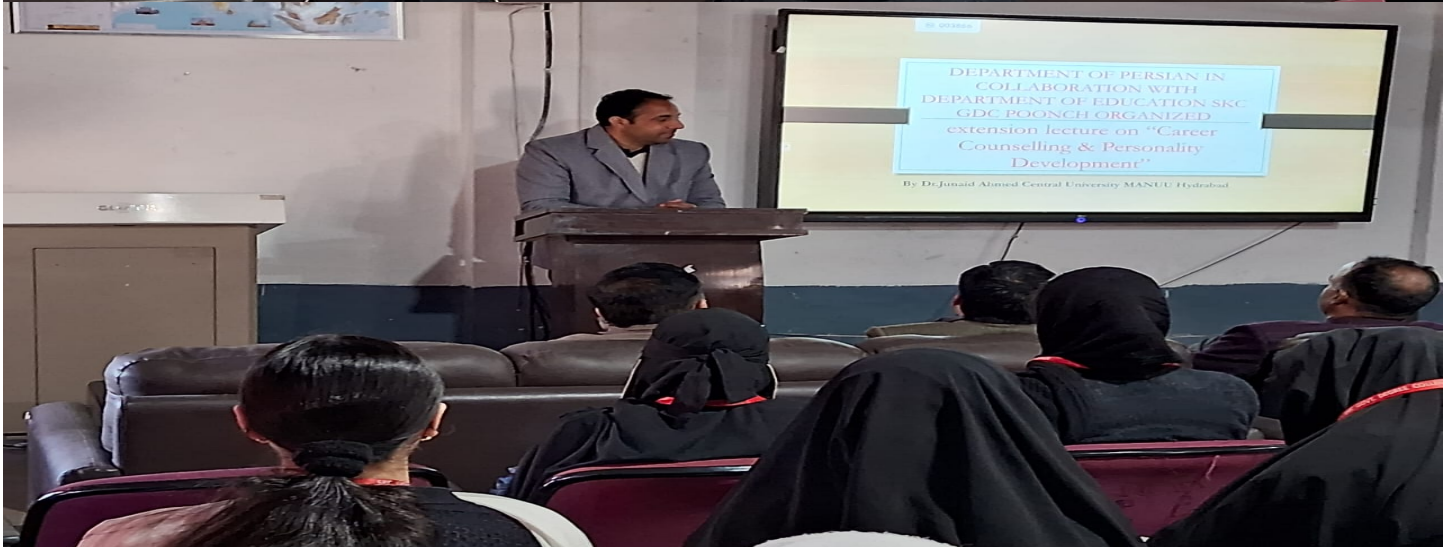


One-day extension lecture on Career Counseling and Personality Development organized by Department of Education in collaboration with Department of Persian, SKC Govt. Degree College Poonch



The one-day extension lecture on Career Counseling and Personality Development was organized by Department of Education in collaboration with Department of Persian, SKC Govt. Degree College Poonch with the primary objective of providing participants with valuable insights into navigating their career paths effectively and enhancing their personality traits.

The programme was started with a welcome note by Prof. Mohd Akram, HOD Education of the College. He through light on the importance of career counseling in today's dynamic world and emphasized the significance of making informed career choices based on one's interests, skills, and market demands.

The Resource person for the extension lecture was Dr. Junaid Ahmed Assistant Professor, Maulana Azad National Urdu University Hyderabad. He discussed that Career counseling and personality development are integral components of personal and professional growth. They encompass self-awareness, goal setting, skill development, and strategic decision-making, which are fundamental for success in today's dynamic world.

He focused on personality development strategies aimed at enhancing interpersonal skills, communication abilities, and overall self-confidence. Participants learned practical techniques for effective public speaking, assertiveness, and conflict resolution.

He also discussed the importance of emotional intelligence in personal and professional success was highlighted during the lecture. Participants learned to recognize and manage their emotions effectively, cultivate empathy, and build meaningful relationships in both personal and professional spheres.

Dr. Jasbir Singh Principal of the College expressed that career guidance and personal growth play in shaping the lives of our students. The extension lecture served as a platform for our students to gain valuable insights, explore new opportunities, and enhance their self-awareness and interpersonal skills. He appreciated the speakers for their expertise, passion, and commitment in delivering informative and engaging sessions. Their invaluable guidance has empowered our students to make informed career choices, set meaningful goals, and embark on a journey of self-discovery and development. He also appreciated the organizing committee for their meticulous planning, coordination, and dedication in ensuring the success of the event.

A large number of students and faculty members participated in the programme. The programme concluded with an interactive Q&A session, allowing participants to seek clarification on specific career-related queries and share their insights and experiences. Group discussions facilitated peer learning and networking opportunities among the participants.

Dr. Ajaz Ahmed HOD Persian expressed gratitude for the valuable insights gained during the one-day extension lecture on Career Counseling and Personality Development. He appreciated the interactive nature of the session and found the practical strategies and tips shared by Dr. Junaid highly beneficial for their personal and professional growth. The event was deemed successful in equipping participants with the necessary tools and knowledge to navigate their career paths with confidence and clarity.

Dr. Ajaz Bandy also extended gratitude to the Resource Person Dr. Junaid from MANUU, Dr. Jasbir Singh Principal of the College, faculty members, students and all stakeholders for their valuable contributions towards making the event a resounding success.